



CAPITAL TO COAST - VOLUNTEER ROSTER

| STAGE | Prologue | Stage 1 | Stage 2 | Stage 3 | Stage 4 | Stage 5 | Stage 6 | Stage 7 | Stage 8 |
|-----------------|---------------------|---------------|----------------------|--------------|--------------|--------------|---------------|---------------|--------------|
| STAGE NAME | Capital | Country Roads | Dash to the Mountain | Mt Monga | Beach Finish | Slow Burn | Forest Frolic | Cross Country | Coast |
| DATE | Friday 23 | Saturday 24 | Saturday 24 | Saturday 24 | Saturday 24 | Sunday 25 | Sunday 25 | Sunday 25 | Sunday 25 |
| TIME | 1600 to 1715 | 0800 to 0950 | 1115 to 1205 | 1230 to 1350 | 1500 to 1650 | 0700 to 0905 | 1025 to 1155 | 1250 to 1405 | 1430 to 1545 |
| VOLUNTEER ROLES | Course Sweeper (A) | Not Required | | | | | | Not Required | |
| | Course Sweeper (B) | Not Required | | | | | | Not Required | |
| | Drink Station (A) | | | | | | | | |
| | Drink Station (B) | | | | | | | | |
| | Start: Staging Area | | | | | | | | |
| | Start: Check-in | | | | | | | | |
| | Lead Vehicle | Not Required | | | | | | | Not Required |
| | Sweep Vehicle | Not Required | | | | | | | Not Required |
| | Requirements | N/A | N/A | N/A | 4WD required | N/A | N/A | N/A | N/A |